Supportive Day Program

THE PROGRAM: The Supportive Day Program offers a structured, supervised and stimulating environment for frail elders, those with mild to moderate dementia or cognitive decline, and those who are socially isolated. Program activities encourage independence and socialization, while building self-esteem in participants. A wide range of activities are offered, including: reminiscence groups, games, creative projects, gentle exercise, health clinics, social events and monthly theme parties. Caregivers praise the program as noted below: "This has allowed her to live with us - otherwise she may have been placed in a nursing home. Thank you for this terrific program that has been an answer to our prayers." "I knew that having my wife come to this program would be better for me, but I came to realize just how happy and excited she was to be part of such a stimulating club."

THE SETTING: The Franklin Senior Center's Supportive Day Program, The Sunshine Club, is housed in the new, state-of-the-art, Franklin Senior Center. Our facility offers a warm, inviting atmosphere and is handicapped accessible. There are also pleasant, accessible outdoor spaces to enjoy. The Supportive Day Program provides respite and peace of mind for caregivers who know that their loved ones are safe and well cared for. Members of the program enjoy social interaction, fitness activities, and intellectual stimulation. Members are invited to join in many of the programs, services, and activities offered at the Senior Center.

THE FEES: The program include a freshly prepared luncheon and two snacks and are as follows: \$35.00 for a six hour day, 9:00 a.m. to 3:00 p.m.

\$18.00 for a half day of attendance; three hours. Prospective clients may visit the program on a trial basis for one day at no charge.

TRANSPORTATION may be available through the Greater Attleboro Taunton Regional Transit Authority (GATRA). Please call to discuss transportation options.

FUNDING: The program is partially funded through a grant from the Executive Office of Elder Affairs. Tri-Valley, Inc. also provides funding for eligible clients.

FOR MORE INFORMATION:

Carol Adiletto, R.N. (<u>cadiletto@franklin.ma.us</u>) or Donna Haynes, R.N. (<u>dhaynes@franklin.ma.us</u>) at 508-520-4549