

Town of Franklin

Recreation Department

150 Emmons Street
Franklin, MA 02038



Beaver Pond Turf Field: 6 Year Old Flag Football Session 2014

(508) 520-4909 (phone)

(508) 520-4976 (fax)

Fall Brochure 2015

August 2015-October 2015

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Franklin Youth Sports Groups Contact Information

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Franklin Youth Sport Organizations

To access additional links, please click on the link below and go to Franklin Youth Sports Organizations,
http://franklinma.virtualtownhall.net/Pages/FranklinMA_Recreation/index

<p align="center">Franklin Chargers Football</p> <p>AJ Grant P.O. Box 66 Franklin, Ma 02038 Email: president@franklinchargers.org www.franklinchargers.org</p> <p align="right">Additional links -NFL Flag Football</p>	<p align="center">Franklin Girls Softball</p> <p>Rick Power P.O. Box 706 Franklin, Ma 02038 Email: fgsa@fgsafastpitch.org www.fgsafastpitch.org</p> <p align="right">Additional links -Thunder & Lighting -Fusion</p>
<p align="center">Franklin Youth Baseball</p> <p>Doug Dean P.O. Box 40 Franklin, Ma 02038 440-9553 www.franklinyouthbaseball.com</p> <p align="right">Additional links -Legion -AAU</p>	<p align="center">Franklin Youth Soccer</p> <p>Mark Scagliarini P.O. Box 525 Franklin, Ma 02038 520-4070 www.franklinyouthsoccer.org</p> <p align="right">Additional links -Four Kicks -John Smith -MARPLE -Misson</p>
<p align="center">Franklin Boys Youth Lacrosse</p> <p>Tom O'Rourke P.O. Box 263 Franklin, MA 02038 541-8389 Email: franklinlax@yahoo.com www.franklinlax.com</p> <p align="right">Additional links -Friday Night Lights -NESLL</p>	<p align="center">Franklin Girls Youth Lacrosse</p> <p>Ryan Jette 150 Emmons Street Franklin, MA 02038 520-4909 Email: rjette@franklin.ma.us www.franklin.ma.us/recreation</p> <p align="right">Additional links -MBGLL -Mavericks -Mass Elite -Cmass -NESLL</p>
<p align="center">Franklin Flyers Youth Hockey</p> <p>Dan Sheehan P.O. Box 71 Franklin, Ma 02038 528-7132 Email: roberttnorton@gmail.com www.franklinflyers.com</p> <p align="right">Additional links -Spit Fires -NHL Street Hockey</p>	<p align="center">Franklin Youth Basketball</p> <p>Ryan Jette 150 Emmons Street Franklin, Ma 02038 520-4909 Email: rjette@franklin.ma.us www.franklin.ma.us/recreation</p> <p align="right">Additional links -Metro -CYO</p>
<p align="center">Franklin Youth Field Hockey</p> <p>Ryan Jette 150 Emmons Street Franklin, MA 02038 520-4909 Email: rjette@franklin.ma.us www.franklin.ma.us/recreation</p> <p align="right">Additional links -Lead The Way</p>	<p align="center">Franklin Youth Volleyball</p> <p>Megan Woodacre 150 Emmons Street Franklin, MA 02038 520-4909 Email: mwoodacre@franklin.ma.us www.franklin.ma.us/recreation</p> <p align="right">Travel Volleyball CMass SMASH Metrowest</p>



Recreation Department Hours

Monday 8:30 am-4:30 pm
 Tuesday 8:30 am-4:30 pm
 Wednesday 8:30 am-6:30 pm
 Thursday 8:30 am-4:30 pm
 Friday 8:30 am-1:30 pm

* Online Registration Available *

Visit our website:

www.franklin.ma.us/recreation



Greetings from Franklin Recreation

Registration Information:

Walk-in & online registration for selected Fall Programs will begin August 3rd at 8:30am at the Recreation Office located on 150 Emmons Street. Or online at ww.franklin.ma.us/recreation. Click on "ONLINE REGISTRATION" where you will be directed to a secure site. You can enter your information (name, address, phone, email) as well as credit card information. Please make sure to provide a valid email address as this is how we communicate with participants.

Recreation Department Policies:

All programs are offered on a first come, first serve basis. Franklin Recreation reserves the right to cancel or consolidate any program that does not meet the minimum participant registration numbers. Nothing terminates a program faster than waiting until the last minute to register.

Registration:

Registration will be accepted until the program is full or 1 week prior to the start date. In some cases, registration will be accepted up to the start of the program. Registration is open to all Franklin and Medway Residents.

Weather Cancellations:

If a storm develops and you are unsure if a program is cancelled, please call the Recreation Department's weather line, 520-4909 ext. 2.

Refund Policy:

Refunds are only issued in the event of a cancelled program or if there is a medical emergency with a doctor's note.

Inability to Pay:

It is the policy of the Recreation Department that no resident of the Town shall be refused participation in a program or the use of facilities because of inability to pay. Confidential applications can be made to the Director of Recreation, and if hardships exist, the applicant may be granted a reduction in fee at the discretion of the Director. Applications can be found on our website or at the Recreation Department.

Special Needs:

Children and adults with special needs are encouraged to participate in recreation programs. Staff members are sensitive to your needs and will do everything possible to assist you. If you are interested in participating in a program but are not sure about the facility, transportation, or wish to discuss program details, please call the Director of Recreation and ADA Coordinator, Ryan Jette to ask about specifics.

Recreation Department Hours:

Monday: 8:30am-4:30pm

Tuesday: 8:30am-4:30pm

Wednesday: 8:30am-6:30pm

Thursday: 8:30am-4:30pm

Friday: 8:30am-1:30pm



NFL Flag Football

Age: 6-14
 Fee: \$95
 Open enrollment started July 1st
 Location: Beaver Street Turf Field

Join the fastest growing program offered through the Recreation Department. NFL Flag brings this non-contact football league to Franklin. Boys and girls ages 6-14 years old can learn all the skills, and plays like their favorite NFL players. Children will be encouraged to try all positions. Quarterback, running back, and wide receiver. Team jerseys, playbooks, team website, certificates and all needed equipment will be provided. This program will sell out quickly! Coaches are encouraged to sign up with your child during registration or fill in the notes column online. This program will be held on Tuesday & Thursdays and fills up fast.

Day	Time	Date	Age
T & Th	5:30-6:45 P	9/8-11/5	6-8
T & Th	6:45-8:00 P	9/8-11/5	8&9, and 10&11
T & Th	8:00-9:15 P	9/8-11/5	10&11, and 12-14

Recreation Basketball

Age: 5-14
 Fee: \$100 (K-2)
 Fee: \$110 (3rd-8th)
 Open enrollment starts August 10th
 Location: Franklin School Gyms

The Franklin Recreation Department continues its youth basketball program in 2015-2016. We have expanded the season to 17 weeks for more practice and game time. This program has provided enjoyment, participation, and memories for children for over 30 years. Boys & girls in grades K-8 can continue to develop their skills and ensure fair, equal playing time based on our matrix participation system. Schedules & times fluctuate weekly. Players in grades 3rd-8th will participate in our skill sessions (Date TBD) to determine player's abilities. Then a player draft will take place over the following weeks. Our goal is to make every team equal in skill ability and ages. Players in grades K-2 will be placed on teams randomly. Please register early to avoid a late fee!

Day	Time	Grade	Date
S	8:00A-8:00P	3-8	11/14-3/5
S	8:00A-8:00P	K-2	12/5-3/5

Skills session TBD



Girls Field Hockey

Age: 6-14

Fee: \$85 (K-4), \$125, \$150 (5-8)

Open enrollment started in June. Spots still available

Location: Franklin High School

Franklin Recreation offers girls youth field hockey in many formats throughout the year. The fall Aug-Oct are usually the months that the field hockey leagues run (K-2 grade in house, 3-8 grade travel league).. The 3rd & 4th grade team will play some scrimmages/games against area teams (probably 4 games). The 5th & 6th, 7th & 8th grade teams will play in the Walpole League with 6 games vs. surrounding towns. The fall season will begin August 24th and run till mid October. The Walpole League has several teams from around the Metrowest area. We do our best to find opponents for all divisions, but many towns do not run programs for K-4th grade.

Day	Time	Grade	Date
M	5:30-6:45 P	K-2	8/24-10/24
M,W	5:30-6:45 P	3&4	8/24-10/24
M,W	6:45-8:00 P	5&6	8/24-10/24
M,W	6:45-8:00 P	7&8	8/24-10/24



Youth Golf Lessons

Age: 8-16

Fee: \$75

Open enrollment starts August 10th

Location: New England Country Club

Try our popular group golf lessons with head golf professional, Mark Copithorne, at the New England Country Club. These progressive lessons will cover putting, chipping, bunker play, irons, and woods. Mark brings along some of his top instructors to teach kids in a group setting.

Day	Time	Date
W	6:00-7:00 P	9/9-10/7



Run for your Life!

Age: 8-10

Fee: \$75

Reg Date: August 10th

Location: Pond Street Recreation Complex, Norfolk, MA

The purpose of this program is to help participants maintain a positive attitude toward accomplishments, avoid injuries and ENJOY the sport of running. This is a non competitive, "set your own goals" program. We will focus on important aspects of running, such as; warm-up and cool down, why, how and when to stretch, proper running form, pace setting, keeping a log/journal, rest and recovery, and good nutritional habits including hydration. Bring a water bottle. Instructor Nanci Cahalane

Day	Time	Date
Th.	4:00-5:00 P	9/10-10/15

High School Intramural FALL Basketball

Fee: \$85

Location: Horace Mann Gymnasium or Sullivan

Registration: August 10th

The league is open to all Boys in grades 9-12 who are residents of Franklin or Medway. All games will be held on Saturday mornings at Sullivan or HMMS from 9/18-10/31 from 9:00-11:30AM. Each team will play 6 games plus at least one playoff game. All games follow HS rules (4, 8 minute stopped time quarters/etc.) Refs are patched officials. Teams will be drafted by 4 captains. Teams will be compiled of 10-11 players and each player is guaranteed at least 15 minutes a game of playing time.

Day	Time	Grade	Date
Sat	9:00-11:30AM	9-12	9/18-10/31



High School Intramural WINTER Basketball

Fee: \$100

Location: Horace Mann Gymnasium

Registration: August 10th

The league is open to all Boys in grades 9-12 who are residents of Franklin or Medway. The combination of pick-up play and games will be held at Horace Mann on Saturdays between 12:30-7:00. Pick-Up play will start on 12/5 and the games will begin on 1/9 running through early March. Registration will run to 12/4. If you register and then make your high school team a full refund will be granted. Further league details of "HS Intramural League" can be viewed on: <http://www.franklinhoops.com>

Day	Time	Grade	Date
Sat	12:30-7:00P	9-12	12/5-3/5



Children's Programs

Rocketry!!

Age: 10 and up

Fee: \$130

Location: King Street Memorial Field

Open enrollment starts August 10th

Students will be instructed in rocketry basics through a hands on program with rockets. Different types of rockets will be discussed and demonstrated. Each participant will build and launch different types of rockets. The students will keep the rockets they construct which includes a launch pad and controller. This class will host 5 sessions, each 1.5 hours per session. This class will be held outside. If it is cancelled due to weather, we will make up the missed classes at the end of the session.

Day	Time	Date
TH	4:00-5:30P	9/10-10/8



Upcoming Events

Movie Night

Location: Beaver Pond Turf

Franklin Recreation Department has partnered with the Franklin Small Shop Co-Op for Movie Night!! Join us on Beaver Pond Turf as we watch Toy Story on a giant inflatable movie screen! **Woody and Buzz Lightyear** will be there at **6:30PM** for pictures and a meet and greet, **movie** to start at sundown (**7:30pm**). Please bring a blanket for your family to watch the movie on. Concessions will be available. Let's spend Friday night together!!

Friday, August 21st

6:30PM- Woody & Buzz Lightyear characters

7:30PM- Toy Story Movie Starts!



Boston Bruins Street Brigade

Age: 5-16

Location: New England Country Club

Please join us on August 26th at 1:30 for the first annual FYHA Carnival at the Fletcher Field tennis courts. This year we will be teaming up with the Boston Bruins to bring the Boston Street (Hockey) Brigade to Franklin. Register in advance to play on one of the street hockey teams. Space is limited to 128 players so ACT FAST! <https://leagueathletics.com/Registration/Default.asp?n=42602&org=franklinfly>

Day	Time	Date
W	1:30PM	26-Aug



3rd Annual Wiffle Ball Tournament

Random Smiles Project

In memory of Danny Adiletto.

Join over 300 players and spectators, for Franklin's largest Wiffle® Ball tournament. The championship trophy and Prizes will be awarded to the last team standing (up to five players per team). Sign-up here today to ensure your team's registration, or bring your sense of humor, lawn chairs and cheer your friends as they compete for the title!

Event t-shirts will be available for sale at the event!

Register online at Random Smile Project.



Adult Program's

Happy Dogs Hike

Age: Adult
 Fee: \$25 per session
 Open enrollment August 10th
 Location: Various Locations

Hike with your "best friend" season! Join other dog owners in this new group exercise! Dogs, just like humans are social beings. Regular play dates with other dogs are an important part of your dog's wellbeing. Let's get together for some fresh air and a romp through the woods with your dog. Bring a leash, pick-up bags and water for your dog. No aggressive dogs, please!! Note: Locations will vary; you will be given a list of locations, with directions, at the first meeting. First meeting location: F. Gilbert State Forest, Foxboro, Ma. **If conditions are icy, "ice cleats" on shoes are strongly recommended. (They are available to purchase at Bass Pro Shop, L.L. Bean and Walmart).**

Day	Time	Date	
W.	10:30-11:30 A	9/16-10/21	Session 1
W.	10:30-11:30 A	10/28-12/16	Session 2

No hike on 11/11 and 11/25



Ready to Run a 5k?

Age: Adult
 Fee: \$75
 Location: Pond Street Recreation Complex, Rte. 115 in Norfolk
 Open Enrollment: August 10th

If you've ever thought about becoming a runner or running again after taking years off, here is your opportunity! This adult program is designed to get you off the couch or away from the desk and ready to run a 5K (3.1 miles). This program is catered to beginners: you will progress from a walker to a runner! We will meet as a group once a week and you will be given specific instructions for running other days of the week on your own. Workouts will be followed with stretching and advice about running and nutrition. Instructor: Nanci Cahalane; certified personal trainer/certified MIAA Coach.

Day	Time	Date
T.	9:15-10:15 A	9/15-11/17



Ladies Light Hiking

Age: Adult
 Fee: \$25
 Location: Various Locations
 Open Enrollment: August 10th

Add dimensions to your walking or jogging - do you like the idea of hiking but don't want to go alone? Hiking is fantastic exercise as well as a great time to get some fresh air and explore new places. This class moves at a good pace - we'll be looking for hills! We will meet at various local locations every week (a list will be given out) First Week Location: F. Gilbert Hills State Forest, Foxboro: From Norfolk center follow Rte. 115 south toward Foxboro. Stay on rte. 115 (crossing over route 1A at light) and turn left onto Pine Street. At lights turn right onto Route 1. Follow Route one for 1½ miles then turn left at lights on to Thurston Street. Follow Thurston for 1½ miles and turn left on to Mill Street (on left 2/10 of a mile after passing Normandy Farms) Follow Mill for 9/10 of a mile and park on the right (2nd parking lot). Cross street to park entrance.



Day	Time	Date	
Th.	9:45-11:00 A	9/10-10/15	Session 1
S.	9:45-11:00 A	9/12-10/31	Session 1 no 9/26 & 10/17 classes
Th.	9:45-11:00 A	10/29-12/10	Session 2 no 11/26 class
S.	9:45-11:00 A	11/7-12/19	Session 2 no 11/28 class



Town of Franklin
Town Hall
355 East Central Street
Franklin, Ma 02038

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FRANKLIN RESIDENT
FRANKLIN MA 02038

TOWN OF FRANKLIN WEBSITE: <http://www.franklinma.virtualtownhall.net>